**Female, 19, Newham - Interview 5 – part 2**

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Yeah, it could even be on the street doesn't necessarily have to be a place sort of thing, maybe just walk around and seeing people that you know.  Mmh, tell me more about this local shop.  So, the local shop is obviously that one out there, um the shopkeeper has been there for ages since I was probably… a baby, so if someone that they're not like a family friend and they're not your family, but someone that you're familiar, with even though you're not… like related or you're not like that sort of close to, but it's just a familiar face, like a friendly person, maybe don't talk to them all the time, but someone nice sort of thing, like when you go into shops and the shopkeeper’s rude and you don't really know them, that sometimes, things like that can affect your day, that maybe it will put you in a bad mood, so having that is always good because it keeps you in a good mood.  So, you’re saying like someone, if you’ve had a bad day for example and seeing for example that shopkee, shopkeeper, that makes you feel good, it puts you in a good mood, you're saying?  Yeah, if you have a bad day, and then you walk into local shop, and it's friendly and it's asking you ‘are you okay?’ Like ‘what's been happening’ like and catching up with people then it will probably put you in a better mood.  Okay. And, um, anyway is it just the shopkeeper, like tell me more about other people in the shop that you might, yeah.  Yeah, so because it's the local shop, like you can even bump into your friends in there and like find out about things you didn't know before, so like I went into the shop and I see my friends and they were having a barbeque and then they invited me and then yeah, I went straight there, so sort of like connections: it takes you to other places as well, if you bump into people that you know, sort of thing. It's nice to like be somewhere, seeing people that you know anyway, because it makes you feel like comfortable.  Thank you. There's anything else you want to say about that?  No.  Okay, whenever you feel comfortable going to box two…  Yes, so, the place I feel most lonely I’ve put the hospital, so a normal, general hospital, because that's quite like an alone place, nobody speaks to each other, obviously everybody's sort of on their own and the workers are stressed out and unfriendly so that would make you feel alone because maybe you're not being given the right sort of approach that you should be, there, so you don't, you feel like alone with everyone.  Mmh, so you’re saying that unfriendliness um, is what sort of, can predict feeling lonely.  Yeah, if people are unfriendly then you'd feel more alone than if people was friendly.  Tell me more about the atmosphere there, when you say that no one’s speaking to each other.  So like, people that obviously are like together, the person that you've gone with, you'll speak to, but everyone else like you're all sort of on your own, even if you're in your group, you’re on your own, it's not like a community sort of thing, it's more of just people that live in the same place, go into the same place because that's obviously in the neighbourhood, it's not like people talking and socialising with each other, everyone just sort of stays separate.  It seems like, you're saying that the lack of social-, of socialization in there contributes to feeling lonely.  Yeah.  Okay.  If you sit in a waiting room for like hours without speaking to people, then you’d start feeling alone and probably a bit depressed because you haven't had that social connection, I feel like you sort of need that to like boost energy and keep going, sort of thing, yeah.  Tell me more about the workers being stressed.  So like, because it's obviously quite overpopulated, the workers, maybe they've had long shifts, maybe they're feeling like a bit exhausted, they're stressed out, they’re trying to rush into things, like they've got too many things to do, so, also you have to wait a long time to be seen, obviously, no one speaks for a long time, then you're feeling lonely. So, it's sort of like the workers being overworked as well, if they’re stressed maybe they're not as friendly to you, maybe not as helpful either, like if you're asking them how long you're waiting to be seen that's not on top on their list to do.  So not being heard or not being sort of attended, attended to…  Yeah  Can make you feel lonely.  Yeah.  Tell me more about that.  So like, if no one’s sort of paying attention to what you sort of need, then you feel like you're alone, you think that they don't care about your needs or.  And how does that make you feel?  It would make you feel a bit upset, you'd feel quite distressed, if you're waiting for a long time and you're asking people and they're not helping, then you’d start probably feeling a bit distressed.  Okay. Is there anything else you'd like to add?  Nah, that's it.  Okay, thank you. |